

January 1, 2010—December 31, 2010

Iron County UW-Extension

300 Taconite Street, Suite 118 Hurley, WI 54534

2010 Agriculture-Extension-Education Committee Members

William Thomas

Opal Roberts

Gerald Luke

Paul Mullard

Mitch Koski

County Board Chair—Dennis DeRosso

2010 Iron County University of Wisconsin-Extension Faculty and Staff

Gloria Fauerbach Youth Development Agent

Will Andresen
Community Development Agent

Toni Rogers

Family Living Agent (50% time) WNEP Coordinator (50% time)

Deb LeonardWNEP Educator

Gerri Reynolds WNEP Office Associate

Joyce Gayan Extension Office Manager

Maggie Callaham Summer Horticulture ぐ Youth Assistant

Lauren Enking Summer Youth Assistant Dear Iron County Board of Supervisors, Community Partners & Interested Readers:

THANK YOU to the Iron County Board of Supervisors and the Agriculture-Extension -Education Committee for your continued support of the Iron County UW-Extension Office during 2010. We certainly appreciate the opportunity to serve Iron County residents and local efforts to strengthen our people, our communities and our economy.

2010 was a time to review Iron County's needs for Family Living Education. Toni Rogers, half-time Family Living Educator and half-time Wisconsin Nutrition Education Coordinator for most of the year, retired in October. A community visioning session attended by 28 people, identified many educational needs of families and determined that parenting education, substance abuse prevention and financial management of limited resources are among the top priorities.

We are happy to welcome new staff starting in 2011.

Andrea Newby is hired to serve as 80% time Family Living Educator

Joy Schelble is hired to serve as 80% Iron County Nutrition Coordinator

This report is presented to highlight the positive outcomes from all of our major educational programs in Family Living, 4-H Youth Development and Community Resource Development. You will notice throughout that our work is in concert with community groups, volunteers and program partners. We recognize that we could not be effective in our work without their valuable contributions.

We hope you enjoy reading this report and learning about the specific ways Iron County residents have benefitted from the resources of the University of Wisconsin-Extension. You will also find information about many other resources that can be accessed from the University of Wisconsin and UW– Extension.

On behalf of the entire UW-Extension staff in Iron County,

Gloria Fauerbach, Department Head

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Educational Programs in Community Resource Development



Will Andresen serves as Community Resource Development Agent.

"I believe the more we concentrate on the positive assets of the area, the more we will convince our young people to stay."



Rob Fauerbach from Singapore, winning the "furthest distance" category in the Fe photo contest

Gogebic Range Next Generation Initiative

Several positive outcomes have resulted from Andresen's leadership with the Gogebic Range Next Generation Initiative to attract and retain young people. The most visible project was the creation of a web-site entitled the "Beautiful Northwoods Adventure"

www.felivelife.com which is promoting the community as a great place to live and work. The website has received several thousand visits from across the country and led to numerous employment and tourism inquiries. The site is being promoted to the target market of young people living outside of the area through the distribution of 6,000 "Fe" bumper stickers and through a very popular Facebook page.

Another positive outcome of the Next Generation Initiative was the development of a mapped vision for a regional trail connecting all five cities on the range, from Montreal and Hurley into Michigan. The community has given tremendous support to this regional trail, with every single municipality along the proposed route adopting a resolution of support for the trail system. Efforts are currently underway to begin

the grant-writing and funding process to make the proposed trail a reality. A third outcome was working with the Hurley High School to encourage students to better appreciate living in their community through service-learning opportunities and nature-photography projects. According to program participants:

- "I learned that our community is a good place to live."
- "I discovered the beauty of our community."
- "There are many outdoor activities our community has to offer and we are lucky to have access to this."
- "I plan to take advantage of what the area has to offer more in the future."

Plus, one student from Mercer High School created their own video regarding why they liked living in Iron County which was linked to the "Beautiful Northwoods" website to encourage more young people to move to the county. According to this student, "I learned a lot about helping the community and, more importantly, how I feel about the community myself."

Finally, a new social and networking group was formed to encourage young adults to stay in the community by creating friendships and social bonds. The "Go-In Forward" group provides monthly social opportunities and seasonal events throughout the year. According to a survey conducted in 2010, 87% of program participants said they are more likely to stay in the community as a result of this networking group, 80% said they feel more "at home" and 60% said they met new friends.

Over 100 community residents have been involved in the Gogebic Range Next Generation Initiative. The Next Generation Initiative is finding early success. Ninety seven percent of participants agree that the initiative has had a positive impact on the community, 88% said they have a better understanding of how to



Young adults enjoying the social offerings of the Next Generation Initiative

create a community that is more attractive to young people and 79% said that their perceptions of the community have improved.

Mercer Downtown Beautification and Infrastructure Project

Andresen began working with the Town of Mercer's Downtown Development Group in 2003 when they began working on the beautification of the downtown. In 2010, plans for the multi-million dollar infrastructure improvement project are completed, funding is in place and construction will begin in the summer of 2011. Andresen met with a number of community groups and assisted them with plan development, public input and funding research to help make this project become a reality. The project will improve the business climate of the downtown and encourage more visitors to shop in the community which will help create jobs and private sector investment in the community.

Perhaps his greatest contribution related to helping the town obtain more than \$2 million in outside funding to make the project financially feasible. Town Board Supervisor Bonnie Banaszak praised Andresen as a "grant master" for his help in writing the grant applications. Successful grant applications include:

- United States Environmental Protection Agency Grant—\$802,300
- Wisconsin Department of Transportation Enhancement Grant—\$634,208
- Wisconsin Department of Commerce Community
 Development Block
 Grant—\$435,000
- Wisconsin Department of Natural Resources
 Targeted Runoff
 Management Grants—
 \$300,000
- Wisconsin Department of Transportation Safe Routes to School Grant— \$93,150

Total Grants Obtained— \$2,264,658

Northern Highlands Regional Trail

Andresen helped the Town of Mercer obtain a grant in the amount of \$630,400 to build a seven-mile segment of the "Northern Highlands Regional Trail System". This multi-use trail will eventually connect downtown Mercer with the popular Boulder Junction Trail bike trail system.

Once constructed, this trail will promote tourism and create jobs and private sector investment in the community. Andresen assisted with public presentations, meeting facilitation, project development and grant writing. In 2011, Andresen will continue to work with the Mercer community to obtain additional grant funding to reduce the local match requirement for this important regional trail project.



Senator Bob Jauch celebrating with the Mercer community over its successful "Downtown Beautification Project"

Iron County Zoning Update

To implement the Iron County Comprehensive Plan, the county has been working through a process to update its zoning ordinance. Andresen has obtained several grants totaling \$101,375 to fund this zoning amendment project. Andresen continues to be involved in the process and is working closely with the county zoning administrator and the regional planning commission. The county plus all ten towns are working together in this effort to create an updated zoning ordinance that will better serve Iron County residents and communities while also protecting the county's many natural resources.

"There is much optimism and forward momentum streaming through our communities!"



Andresen with Mercer High School Student Dan Benzel, who created a video clip for the "Beautiful Northwoods" website

4-H Youth Development Programs



Gloria Fauerbach serves as the Youth Development Agent and Iron County UW-Extension Department Head.



2010 Iron County Youth Superior Days Delegates representing Mercer and Hurley High Schools



Abbey Hallberg, Americorps*VISTA completed her year of service in June.

Iron County 4-H Youth Development programs directly served 362 youth during programs organized from the Iron County UW-Extension Office. Of those, 183 were enrolled members of at least one 4-H club or program that offered multiple sessions and indepth learning experiences.

Adult volunteers helped lead and support 4-H clubs, 4-H projects and 4-H Afterschool programs. One hundred nineteen adults helped create the experiences that encouraged positive youth development.

Youth participating in our 2010 programs developed healthy living habits, leadership skills and projectspecific skills. They explored science and the arts. They served others in their community by using skills learned in the programs.

Gloria Fauerbach provides the educational direction, oversight and leadership for all of the youth programs in her role as the Iron County Youth Development Agent. She develops resources and secures funding to support these local programs.

Others with responsibility for youth programs during this year were Lauren Enking, Iron County Summer Youth Assistant, and Maggie Callaham, Summer Horticulture and

Youth Assistant, and VISTA volunteers.

Americorps*VISTA provided funding for four Summer VISTA Associate positions filled by Danny Benzel, Brittany Czerneski, Terressa Leinon and Jeffery Richards. Abbey Hallberg completed her year of service in June.

4-H Clubs

Seven 4-H Community Clubs and 4-H Afterschool clubs were active in 2010. These clubs are in Gurney, Saxon, Kimball, Hurley and Mercer.

This year our 4-H Cloverbud project for younger members added several new members. This project allows the youngest members a chance to explore a variety of topics to help them find interests to focus on during their later 4-H years.

The photography project also grew again this year. Workshops to learn about taking good photos were held in January and April. Volunteers and youth leaders helped teach the sessions. Two youth leaders selected activities that taught some basic composition techniques. The youth photographers also enjoyed experimenting with some "trick" photography techniques.

4-H projects are most often led by 4-H volunteers. Our leaders teach in projects such as animal sciences, arts, communications, science, technology, foods and nutrition and plant science.

Superior Days

Eight Iron County Youth participated in the Superior Days program. They visited the state capitol, learned how the state government works and how citizens can help shape decisions. They were members of teams that lobbied state representatives and senators on issues identified as important to northern Wisconsin counties. Youth delegates prepare during four training sessions before going to Madison.

Youth delegates also completed a tour of the State Capitol, hosted a reception for public officials and "job shadowed" with one state government official to better understand the responsibilities of the office.



Tom Bergman, photography volunteer, helps youth learn about their cameras and taking pictures outdoors.



Science Technology Engineering and Math

Abbey Hallberg helped 4-H Afterschool students complete renewable energy service learning projects. Each member displayed a project and facts about the importance of recycling and conserving energy at a service learning open house on Earth Day in April. Art made from recycled materials and shopping bags made from recycled t-shirts are project examples.

Her teaching supports the National 4-H strategy to engage youth in projects that develop Science, Technology, Engineering, and Math (STEM) skills. The curriculum emphasizes "thinking like a scientist".

Iron County Summer Youth Camp

Iron County Summer Youth Camp celebrated its tenth year at the North Lakeland Discovery Center in Manitowish Waters. The camp has sustained over these ten years because of generous support from the community, from volunteers and from youth leaders who serve as camp staff.

Seventy-six 3rd, 4th, & 5th graders from the Hurley and Mercer schools attended as campers in 2010 and engaged in a full program schedule of physically active recreation, nature, swimming, crafts and space science activities.

Twenty six high school students from Mercer and Hurley completed three days of training and filled leadership roles for the camp program.

Twenty-nine adult volunteers supported the camp with their helping hands, activity supervision and reduced expenses to help keep the camp affordable for families.

Camp counselors serve as a planning committee. They selected "African Safari" as a theme. Cabins were named for animals found in Africa and activity groups for countries in Africa. Crafts, games and activities were also tied to the theme.

Family Fun & Fitness Day

Youth leaders who are members of the 4-H TrailBlazer program helped create a family day of outdoor activities. They wanted to get families involved in visiting the places visited by 4-H TrailBlazers. They planned and promoted the day as well as leading activities for participants. Kayaking, biking, outdoor games, swimming and healthy snacks were featured at the Oma Town Park on Pine Lake in August. They also planned a snowshoeing event at Schomberg Park during the winter months.



Lauren Enking 2010 Summer Youth Assistant

"The training fully prepared me for my positions at the camp. I knew what to expect."

—Camp Counselor



Campfire time is full of songs and skits performed by all campers and counselors.



Counselors teach campers about flag ceremony protocol.



Campers are delighted with their clay pots featuring African designs.

4-H Youth Development Programs



AmeriCrops*VISTA 2010 Summer Associates: Jeffery Richards, Danny Benzel, Terressa Leinon, and Brittany Czerneski



4-H TrailBlazers saw nature up close on a guided pontoon tour of the Turtle Flambeau Flowage during the week following the tornado.



4-H L.E.A.F. members learned about healthy snacks by picking their own fresh strawberries.

4-H TrailBlazers

The 4-H TrailBlazer program served sixteen full time middle school members with program days each week in Hurley, Saxon and Mercer. The program promoted healthy living life skills while exploring beautiful recreational spots in Iron County. Members also learned about safety, hydration, healthy choices for lunches and snacks and about the destination features.

Program days were organized to explore new places each day during sixhour sessions of biking, hiking and swimming over a five week period. Area waterfalls, lakes, hiking trails and parks were destinations for the mid day break time.

The final week featured a day-long canoe trip and a cruise on the Turtle Flambeau Flowage. The wildlife pontoon adventure was led by a wildlife naturalist. This event was made more memorable because it occurred a week after a tornado went right through the flowage and cause great damage, especially to trees.

The program benefited members in several ways. Each member reported visiting at least one new place. Physical activity was increased for twelve members who felt "exhausted" and "stronger" after biking each day.

Parents also helped evaluate the program. They appreciated the opportunity for their child to spend time with friends and learn about nutrition and new places in the area. They felt exploring outside all day with "supervised physical activity" limited the time their child spent indoors with TV and a computer.

Both parents and TrailBlazer members felt the program was great and "made physical fitness fun."

4-H L.E.A.F.

4-H L.E.A.F., a summer day camp held two days each week in both Mercer and in Saxon, served 29 members during 2010. This year, the program featured daily physical activity in a variety of forms and making nutritious food choices to support the healthy living theme.

Art, renewable energy and other science projects were also favorite project areas of members. A service project was completed in each community.

Summer VISTAs reported that, at first, members "weren't into all the healthy snacks" but "then they found these new foods enjoyable." Most days, the healthy snack was prepared by members as an activity. "By the end of the five weeks, members could tell others how candy and pop did not provide you with the right nutrients, vitamins or hydration that you need."

One parent commented that this program helped her two children became more social and more confident in themselves. These two were, at first, very quiet and played with each other at the side of the group. By the end of the program they were playing with all other members, fully participating in the activities and having more fun.

The 4-H L.E.A.F. members brought many exhibits to the Iron County Fair. Most Mercer L.E.A.F. members had never visited the Iron County Fair so they spent the day when they brought their exhibits.



Mercer 4-H LEAF members exhibited their completed projects at the Iron County Fair.

Horticulture Programs



Maggie Callaham served as a parttime LTE Summer Horticulture and Youth Assistant.

Summary of client Inquiries:

48 different clients from Iron County contacted Callaham's office.

Topic of concern

- Plant disease
- Growing vegetables
- Landscaping
- Weed identification
- Plant identification

Summary of educational programs:

5 different programs on growing and planting flowers. Program participants include:

- Hurley K-12 Third Graders
- Hurley K-12 Fourth Graders
- Hurley K-12 STARS Program

Summary of community flower planting projects

5 different projects include:

- City of Hurley container planting
- City of Montreal raised bed planting
- Iron County Courthouse gardens
- Highline Corporation
- Hurley K-12 School containers and school entrance







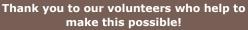




















Family Living Program



Toni Rogers served as Iron County's Family Living Agent and Wisconsin Nutrition Education Coordinator.



Gerri Reynolds is the half-time Program Assistant for the Wisconsin Nutrition Education Program in Iron County.



Leg weights help develop strong bones. Strong Bones classes are held twice per week for twelve weeks.



The herb garden in the Iron County Community Garden.

Toni Rogers served as Iron County Family Living Agent until her retirement in October 2010. Her programs for Family Living focused on three program themes: 1) Eating Well and Being Active, 2) Healthy Families and Healthy Communities and 3) Poverty and Food Security.

Eating Well and Being Active

- Toni continued her work with the Strong Women and Strong Bones program. The program expanded during 2010 as additional volunteers were trained to lead groups and additional sites for classes were established in Mercer and Hurley.
- Three sessions of classes in the Hurley area had 50 participants
- The Mercer class had a very positive response for a fall session with over 40 participants.
- County employee wellness conditioning classes expanded a second

- session to twelve weeks. This class met twice per week and included nutrition education as well as physical activity.
- Toni worked with other educators on the state-wide Eating Well-Being Active Team to develop resources. Physical activity guidelines for Extension Family Living and WNEP educators and presentation materials were developed.

Healthy Families and Healthy Communities

- A Community Garden Project was established in 2010. The first of a threeyear project was funded through the Employee Wellness Program and in partnership with the Iron County Health Department and eight volunteers.
- The garden project will encourage physical activity, healthier eating and sharing community space for relaxation and stress reduction.

- The first year saw all the raised bed garden sites filled. Fifteen employees and ten seniors living in Garden Estates raised fresh vegetables for consumption by their families.
- Toni coordinated presentations at the garden site on planting techniques, "Growing and Cooking with Herbs," watering and fertilization.
- Additional grant resources were secured to fund an additional 10 raised beds. These are now ready for planting in spring 2011. Successful grants have also secured a garden rototiller.

Poverty and Food Security

- Toni served as a member of the state-wide Poverty and Food Insecurity team.
- Toni continued her participation in the Hope for the Hungry consortium serving northern Wisconsin.

- "In addition to a plot in the community garden, we also received the benefit of hands-on assistance and education from Master Gardener volunteers."
- -Employee Wellness Participant



Planting day at the Iron County Community Garden.

Wisconsin Nutrition Education Program (SNAP-Ed)

The Iron County Wisconsin Nutrition Education Program, (SNAP-Ed), consisted of one half-time educator, Deborah Leonard, one half-time coordinator, Toni Rogers and one halftime program assistant, Gerri Reynolds. Toni Rogers completed her dedicated career with Extension with her retirement in October 2010. Together they made 5,378 direct educational contacts and 11,198 indirect contacts (newsletters) during

FY2010. Fifty Two percent of the learners were school age, 27% senior adults, 13% clinics, 5% Head Start classes, 2% parent meetings and disabled adults and 1% individual lessons. Other outreach efforts were successfully achieved with emergency food pantries and food stamp offices.

WNEP educational programs produced several major outcomes: nutrition/dietary quality topics (89%), food safety (11%) and food

security and food resource management. Nutrition Educator Deb Leonard taught Pre-K through 6th grade students at the Mercer Elementary School and Hurley Elementary School. A variety of lessons were taught in each grade using the Show Me Nutrition curriculum. First grade students at both schools were taught the importance of hand washing and how to wash their hands correctly.



Deb Leonard is the half-time Educator with the Wisconsin Nutrition Education Program in Iron County.



Iron County UW-Extension Support



Joyce Gayan serves as Office Manager for the Iron County UW-Extension

Joyce Gayan provided office support to the Youth Development, Community Resource Development, and Family Living Agents as well as the WNEP staff, Summer Horticulture Assistant, Summer Youth Assistant and Summer VISTAs. Gayan managed daily office operations including:

Interaction with the Public

- Serving as the first point of contact for the public seeking information and resources from UW-Extension.
- Researching University information in response to requests made by the public.
- Coordinating submission of soil samples and insect identification samples to University laboratories and following up with resulting information to the public.

Education and Outreach

 Serving as Iron County contact for UW-Technology Services, Instructional Communications Services and Distance Learning

Financial Operations

 Creating and maintaining financial records and documentation for University Extension and 4-H and Youth Club budgets.

- Managing office accounting including spreadsheets, vouchers, invoices, credit card charges and accounting and record keeping for grant funded programs.
- Serving as liaison to Iron County Auditors.
- Creating financial reports for Iron County
 Extension Education
 Committee and, as requested, for the Iron
 County Finance
 Committee.
- Processing all receipt collections, deposits and bill paying.

Office Technology

- Maintaining numerous computer stations for use by office personnel.
- Serving as liaison for office to local computer repair services and to University of Wisconsin-Extension Technology Services.
- Coordinating and providing technical assistance for software upgrades and facilitating office training for new software.
- Serving as office website coordinator and designer.
- Coordinating internet connections with local server, UWEX server.
- Learning new software programs to create more efficient management of office functions.

- Securing and maintaining contracts for leased equipment, maintenance agreements, repairs and supplies needed to run office equipment such as copier, scanner, printers, duplicator, fax and video projection machines.
- Researching methods and means for office equipment upgrades.
- Maintaining the federal 4-H database and submitting reports for Wisconsin and Federal review.

Office Operations

- Maintaining and ordering supplies as needed for office operations.
- Managing incoming and outgoing mail.
- Securing annual postage allocations to Iron County from the Office of Budget and Fiscal Operations, UW-Extension and maintaining postage accounts and equipment.
- Serving as designer and editor of the Iron County UW-Extension Annual Report to the Board of Supervisors.

"One of the 'perks' of my position has been discovering some of Extension's programs that I can also participate in as a volunteer such as Iron County Summer Youth Camp and UW-Extension events at the Iron County Fair."

Iron County Agriculture-Extension-Education Committee



2010 Agriculture-Extension-Education Committee members—

Front—Gerald Luke, Opal Roberts Back—Mitch Koski, Paul Mullard, William Thomas



usiness counseling is available through the Small Business Development Center out of UW-Superior. The SBDC Business AnswerLine at 1-800-940-7232 is another service that helps new entrepreneurs with information and guidance needed to begin business start-up research.

Try these internet resources for additional information about UW-Extension

University of Wisconsin-Extension http://www.uwex.edu/

Cooperative Extension Home Page http://www.uwex.edu/ces/

Publications http://learningstore.uwex.edu/

Independent Study http://learn.wisconsin.edu/il/

4-H and Youth Development http://www.uwex.edu/ces/4h/

Iron County UW-Extension http://iron.uwex.edu/

Local Government Center http://www.uwex.edu/lgc/
Infosource http://infosource.uwex.edu/

Horticulture Resources http://www.uwex.edu/ces/wihort/

Grant Writing Webpage http://www.uwex.edu/li/andy/grants.html/

Continuing Education http://www.dcs.wisc.edu/

Distance Learning http://www.uwex.edu/disted/index.cfm/

Media Collection http://www.uwex.edu/ces/media/

WISLINE Web http://www.uwex.edu/ics/wlw/index.html/

4-H Afterschool http://www.uwex.edu/ces/4h/afterschool/index.cfm/

Center for Community Econ. Dev. http://www.uwex.edu/ces/cced/

Iron County http://www.co.iron.wi.gov/



Cooperative Extension - University of Wisconsin-Extension Courthouse - 300 Taconite Street Hurley, Wisconsin 54534 715 561-2695 715 561-2704 (fax) 888-561-2695 (Toll free from Mercer and Springstead)

Dear Iron County Residents, Agencies and Local Officials,

Iron County University of Wisconsin-Extension is committed to providing equal access to educational opportunities for all Iron County residents. The University of Wisconsin Extension provides affirmative action and equal opportunity in education, programming and employment for all qualified persons regardless of race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental, arrest or conviction record or veteran status.

In addition, we are committed to providing equal access to educational opportunities for persons with disabilities in compliance with the Americans With Disabilities Act of 1990. We realize that individuals with disabilities may need accommodations to participate in or benefit from educational programs, activities or services. Reasonable accommodations for a disability will be made to allow individuals to fully participate in our programs by contacting the Iron County UW-Extension Office in advance. [(715) 561-2695, toll-free 1-888-561-2695, 711 For Wisconsin Relay (TDD)]

Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact the Iron County UW-Extension Office.

Iron County University of Wisconsin-Extension is interested in reaching Iron County and area residents with information about our upcoming programs. Our intent is to provide programs that target the diverse interests and needs of area residents. We identify interests and need for programs by exploring specific requests and by examining issues identified in our strategic planning efforts. We want to be effective in our efforts to communicate about our programs.

We release news of upcoming programs to the following news sources: Iron County Miner, Ironwood Daily Globe, Lac du Flambeau News, Lakeland Times, North Country Sun, Park Falls Herald, WJMS/WIMI Radio, and WUPM/WHRY Radio.

Please notify us of other sources you use for getting news about local events.

Thank you for your support of Iron County University of Wisconsin-Extension Programs. Please feel free to contact me with questions or concerns you have about the above information.

Regards,

Gloria Fauerbach, Department Head

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Iron County University of Wisconsin-Extension



2011 Staff Contact Information

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